Next Meeting: TUESDAY 18TH JULY 2017

| **** NEW MEETING TIMES **** | | | |
|--|--|--|--|
| Prostate Heidelberg | | | |
| now meet on the | | | |
| 3 rd Tuesday of each month | | | |
| The 2 nd of these meetings is TUESDAY 18 th JULY | | | |
| We still meet at | | | |
| the Ivanhoe Uniting Church Meeting Room | | | |
| (entry either Seddon St or Waterdale Rd) | | | |
| at 10:00 am to 12:30 pm | | | |

There are NO further meetings on the 2nd Wednesdays.

OUR SPEAKER for 18th July is Dr Daryl LIM JOON

Developments in Radiation Therapy for Prostate Cancer

Dr Daryl LIM JOON works both privately and at Austin Health's Department of Radiation Oncology, Olivia Newton - John Cancer, Wellness and Research Centre. His special Interests are prostate and bladder oncology. He is a leading radiation oncologist who is involved in providing radiation solutions for the patient as well as being involved in research. He is well qualified to provide the meeting with current developments in radiation therapy for prostate cancer.

2017 CALENDAR

| 18 Jul | Daryl Lim Joon | Developments in Radiation Therapy for Prostate Cancer. |
|---------------|----------------|---|
| 24 Aug 5:00pm | | Tour of ONJCWC Imaging Department (<u>to be confirmed</u>). |
| 19 Sept | Nik Zeps | Negotiating your way through the medical system and life for cancer patients. |
| 19 Dec | Carla D'Amico | A nurse led Prostate Cancer survivorship clinic. |

DISCLAIMER: Information in this newsletter is not intended to take the place of medical advice. You should obtain advice from your doctor relevant to your specific situation before acting or relying on anything in this newsletter. We have no liability whatsoever to you in connection with this newsletter.

POTENTIAL Tour of ONJCWC

Imaging Department -

24TH Aug - 5:00pm

Early notice is given that Carla D'Amico, the urology coordinator Nurse at Austin Hospital, has potentially set up a tour of the ONJCWC Imaging Department (Level 2 Studley Road). It will be a tour of the facility and an address by one of the radiation people. We will see all the latest new "Whiz Bang" Imaging equipment. This is the specialist equipment, we as patients, just might need to access at some stage in the future. It's worthwhile knowing what's available. The invitation is open to anyone interested: you do not have to be a member of Prostate Heidelberg. Any person interested in attending should RSVP 17th August. essential bv to prostateheidelberg@gmail.com, subject: "Imaging Deparment" to give ONJCWC staff an idea of for how many to prepare.

THANK YOU TO IVANHOE

ROTARY CLUB FOR NEW

SANDWICH BOARD

We thank Ivanhoe Rotary Club for donating a new sandwich board to use to promote our meetings at the Ivanhoe Uniting Church meeting room on the 3rd Tuesday of each month.

THANK YOU TO ANTHONY CARBINES FOR PRINTING OF BROCHURES

OUR SPEAKER for <u>19th</u>

September is Dr NIK ZEPS

Negotiating a way through the medical

system and life for cancer patients.



Dr Nik Zeps has been recently appointed as the inaugural Group Director of Research for Epworth HealthCare.

He is an Adjunct Professor at Monash University Medical School, in the School of Health Sciences at Curtin University, the Centre for Comparative Genomics at Murdoch University and at Notre Dame Medical School. He is an Adjunct Associate Professor in the School of Surgery and the School of Pathology and Laboratory Medicine at the University of Western Australia.

He is the chair of the Cancer Biology Group of the Clinical Oncology Society of Australia (COSA) and a member of the Scientific Advisory Committee of the Australasian Gastro-intestinal Trials Group (AGITG) and of the Primary Care Collaborative Cancer Trials Group (PC4) Advisory and Scientific committees. He is a founding director of the Australian Clinical Trials Alliance (ACTA).

He is the Australian representative on the Ethics and Policy Committee of the International Cancer Genome Consortium (ICGC) and was recently appointed Co-Chair of the Communication Committee of the ICGC-Precision Medicine initiative.

We thank Anthony Carbines MP, State Member for Ivanhoe, for assistance with printing Prostate Heidelberg promotional and information brochures.

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NEMICS: PROSTATE CANCER

OPTIMAL CARE PLAN PATHWAYS

Ms Kathy Simons, the Program Manager of North Eastern Melbourne Integrated Cancer Service ("NEMICS") at the 20th June meeting spoke on what the Prostate Cancer Optimal Care Plan Pathways means.

To find out the what was talked about go to the web site <u>www.youtube.com</u> and then search: "A Common Path: Prostate Cancer". Our regular attendee, Albert, participates in the video. The 18 minute video is worth watching, especially for men newly diagnosed. What standards, the optimal care pathways, published by NEMICS are explained in easily understandable conversations with written suggestions at the end.

OUR MEETINGS

Prostate Heidelberg provides information, education and support for those affected by prostate cancer. At the meetings, we

- Show respect to members and speakers;
- Allow people to speak and we listen;
- Respect confidentiality;
- Allow new ideas to be shared.

We meet on the <u>3rd Tuesday</u> of each month (except January) from 10:00am - 12:30pm at the Uniting Church Meeting Room, Seddon St, Ivanhoe (behind the Commonwealth Bank in Upper Heidelberg Rd). Free parking is available in a large public parking area at rear of the church. Ivanhoe railway station and various bus routes are nearby.

Meetings are open to anyone interested in getting support or information on a prostate

cancer journey. Partners or carers are welcome to all meetings. <u>There is no charge for attending</u>. After the meeting you are welcome to join us for lunch in a local restaurant (depending on numbers). If you can't attend daytime meetings, the Diamond Valley Prostate Cancer Support Group has evening meetings: <u>http://www.dvpcsg.org.au/</u>

COMMITTEE:

| Max Shub, Facilitator | 0413 777 342 |
|------------------------------|--------------|
| Barry Elderfield, Treasurer | 0400 662 114 |
| Patrick Woodlock, Newsletter | 0438 380 131 |
| Paul Hobson, Secretary | |
| Terry Friend | |
| Chris Ellis | |
| Spiros Haldas, Library | |
| Janis Kinne | |

Please contact Patrick Woodlock to redirect or cancel receipt of this Newsletter.

CORRESPONDENCE

Prostate Heidelberg, PO Box 241 IVANHOE VIC 3079 <u>ProstateHeidelberg@gmail.com</u> <u>www.ProstateHeidelberg.info</u>

CALENDAR

| 2017 Meetings: Tues 18 th July | <u>10:00am -12:30pm</u> Daryl Lim Joon "Radiation" |
|--|---|
| Tues 15 th Aug | |
| Tues 19 th Sept | Nik Zeps "Survivor Pathways" |
| Tues 17 th Oct | Nik Zeps Sulvivol Fatliways |
| Tues 21 st Nov | |
| Tues 19 th Dec | Carla D'Amica and Vmas lunch |
| lues 19 th Dec | Carla D'Amico and Xmas lunch |
| | 10.00 |
| 2018 Meetings: | <u>10:00am -12:30pm</u> |
| Tues 20 th Feb | |
| Tues 20 th March | |
| Tues 17 th April | |
| Tues 15 th May | |
| Tues 19 th June | |
| Tues 17 th July | |
| Tues 21 st August | |

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